



Lauren Couch

Head of Asset Based Lending at Aldermore | Bank Trustee of Quartet Community Foundation and NED at BBRC

I spent 17 years in large corporates and often went on leadership courses but it was very 'cookie cutter' and was often delivered by fellow industry people who decided to do coaching from the side of their desk. **When I met Heather and Jen, everything was tailored to me as an individual.**

They spent time **getting to know me as a person**, challenged my way of thinking and made my sessions feel like I was leading the agenda (although they obviously were). ! I felt completely at ease sharing my thoughts when I wouldn't have done so with others and their guidance seemed natural.

Being a leader can be very **isolating** as you don't want to show weakness to your superiors, peers or your staff so having **a sounding board, coach and a confidante** is invaluable. I know myself better as a person and the **insight has helped me thrive in different organisations.**



Neil Patrick

Non-Executive Chairman (AAI plc) | Independent Board Member, NHS ABUHB

Working with Heather Worsfold and Jenefer Morgan was an outstanding experience. Both combine exceptional technical expertise in finance with a rare empathy for founders and management teams navigating growth and transformation.

Heather's calm ability **to translate complex operations into clear, actionable pathways** made a real difference. Jenefer brings the same professionalism and attention to detail, coupled with **a refreshing pragmatism and energy** that keeps everything moving forward smoothly.

What impressed me most was **their integrity, responsiveness, and genuine partnership approach** — they don't just provide intellectual capital, they help build confidence and capability within the business.

I recommend Heather and Jenefer without hesitation. **They represent the very best of organisational development** delivered by people who truly understand how to help ambitious companies grow.



Johan van der Walt

Senior Manager in Advisory, S&W | Chartered Accountant (SA)

Heather and Jenefer are an exceptional duo and led our people team at my previous employer.

We thrived as a collective thanks to the **collaborative culture they instilled.** They clearly articulated and **nurtured our shared values** by being **meticulous in hiring the right fit and prioritising personal development** beyond what I've experienced elsewhere.

One-to-one coaching with Heather significantly shaped my management style and **strengthened my ability to navigate conflict.** It also deepened my appreciation of timely, constructive feedback.

As a duo they have **the ability to break down complex topics using innovative tools backed up by a wealth of knowledge and experience with top institutions.**

It goes without saying, I highly recommend OPCoachUK!



Matthew Giani

Founder at Taurus Financial | Experienced Finance Leader

I worked with Heather and Jen for six years, six critical years in my career development and both **Heather and Jen played a vital role in shaping my career path and leadership/management skills.**

Through MBTI and Clifton Strengths, amongst others, they were able to provide me with an in depth understanding of how my peers, subordinates and most importantly how I operate most effectively and efficiently. Giving me the tools and understanding that I used then, now and in various roles leading global teams.

Their insights and guidance will improve your leadership, team dynamic and open your mind to new avenues you had not even considered (coming from an initial sceptic) and I would highly recommend their services. You and your team(s) will become more efficient and improve no doubt.



Katherine Woodfine

Director – Private Capital & Debt Finance | Growth Finance for Entrepreneurs

Working with Heather was insightful and empowering. She helped me better understand my working style, strengths, and the environments in which I thrive. She also guided me in navigating relationships and collaboration — both in calm moments and during times of stress. **Thanks to her, I am more confident and truer to myself** in how I show up at work.



Faye McDonough

Investment Director | Board Trustee & Non-Exec Director

Working with Heather and Jen transformed how I delegate. They helped me understand how to use MBTI and Clifton Strengths to match work to individual preferences - both my own and my team's. This made delegation feel more natural but also more powerful. The biggest shift was learning to see delegation not as offloading tasks, but as **aligning work to where people naturally thrive.** I valued their practical yet insightful approach - they gave me frameworks I could use immediately, and I learned a lot about myself and others in the process. **I can highly recommend working with them.**